

Inspiring

LEADERSHIP
TRUST



Registered Charity: 1165616



**Inspiring girls.
Empowering women.
Advancing communities.**

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Our Vision:

A world where all girls and women are inspired and empowered to achieve their full potential, leading to positive social change.

Our Mission:

To provide world-class personal and career development, helping disadvantaged and vulnerable girls and women to achieve their ambitions and financial independence. We do this by leveraging the power of an influential business community and collaborative partnerships in the public, private and charitable sectors.

Economic empowerment is essential for girls and women to gain autonomy over their lives and reach their full potential.

Gender disparities exist in every country. Girls and women face inequality at home, at work, and in public life. They are disproportionately affected by discrimination, violence, and exploitation.

Risks faced by girls and women diminish proportionally to their financial independence. World Bank and OECD research has consistently shown that women's economic empowerment is a key component of achieving long-term development goals.

Economic empowerment of girls and women critical in breaking the cycle of gender inequality. Investing in girls and women is key to improving economies and stabilising communities around the world.

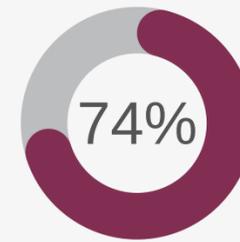


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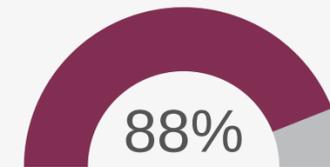
THE WOMEN & GIRLS WE SERVE

The women and girls we serve face multiple barriers to becoming economically empowered, including but not limited to:

- Disadvantaged backgrounds
- Lacking basic employability
- Low confidence and/or self-esteem
- Unsupportive or abusive relationships
- Experience of mental health issues



of beneficiaries come to us with low-self esteem or confidence



of beneficiaries come from low-income / deprived backgrounds



of those who disclosed, 86% of women we support reported to be unemployed.

statistics taken January 2022*

OUR STORY

Since our origins in 2015, the Inspiring Leadership Trust has reached thousands of disadvantaged women and girls, both in the UK and internationally.

Our Founder and CEO, Leigh Bowman-Perks is a survivor of domestic violence and adversity. She knows, first hand, what it takes to overcome barriers in achieving her full potential.

Leigh established the charity because she was increasingly concerned by the lack of support for disadvantaged and vulnerable girls and women. Particularly, she saw gaps in the charity sector, limitations in governmental capabilities, and a lack of long-term, holistic and gender-tailored support

Leigh draws on over 20 years of leadership experience. She is a coach, consultant, philanthropist, and author. In 2015, she authored "Inspiring Women Leaders", a highly personal insight into the minds of over 100 Inspiring Leaders from around the world. Leigh knows what it takes to inspire and lead others and in 2015 she harnessed the energy of like-minded individuals to create the Inspiring Leadership Trust.

The Inspiring Leadership Trust is here to support women and girls, no matter their story. Everyone deserves to be a leader in their own life.



we have **helped over 6,000** girls and women through local and international collaborations



Over **250 girls and women** have joined our Inspiring Futures Academy, which launched in 2021



We currently operate in **4 different countries**

WHAT WE DO

- **We improve our beneficiaries confidence and wellbeing**, so that they can get closer to living their full potential
- **We improve our beneficiaries employability skills** to equip them for the job they want
- **We help our beneficiaries achieve income and employment**, diminishing risks and advancing gender equality
- **We help our beneficiaries gain autonomy** so that they can make their own decisions and determine the course of their lives
- **We create healthy social ties**; facilitating meaningful relationships and giving our beneficiaries the opportunity to feel part of a community
- **We keep the end goal of economic independence** for our beneficiaries at the core of what we do



WHAT WE OFFER

Be part of a community



Services

Inspiring Futures Academy

- ✓ 4 level personal and professional development programme
- ✓ We run live workshops, peer support groups and an online learning app
- ✓ Attendees gain **certificates and CPD points**

Mentorship

- ✓ Every IFA member is offered a mentor in their desired field
- ✓ Our mentors are experienced and reliable individuals
- ✓ Each mentor has received safe-guarding and training

Events

- ✓ We host a variety of both virtual and in-person events
- ✓ Our events provide opportunities to network
- ✓ Members feel part of an empowering community

Work Experience

- ✓ We facilitate work experience opportunities
- ✓ We connect with international organisations and leaders to provide members exciting and insightful experiences in their chosen field of work.



What is the **Inspiring Futures Academy?**

The Inspiring Futures Academy is a holistic, gender-responsive programme comprising mentorship, workshops, online learning, events and work opportunities. It delivers a curriculum for personal and career development for women and girls at any age, who face barriers in achieving financial independence.

There are four levels, each of which will offer learning opportunities and the chance to gain **certificates and CPD points**, bringing members closer to their ambitions and financial independence.

There is no age-limit for joining the Inspiring Futures Academy, and members can opt in and out at any time.

- ✓ **100% IFA members were satisfied with the online workshops**
- ✓ **94% reported improvement in their skills development**
- ✓ **84% reported feeling more confident having participated in the IFA Level 1 programme**
- ✓ **85% of beneficiary goals were being met for those in mentoring relationships**

Level Progression



- Level 1** This level is an 8 week personal development programme, designed to improve confidence and build skills and knowledge to enter into work or education. Healthy social ties are promoted through the workshop community.
- Level 2** This level is an 8 week professional development programme, designed to improve employability, communication and leadership skills to secure work or advance in the workplace. Healthy social ties are promoted through a peer community.
- Level 3** This level is self directed, with access to online courses, work experience, leadership workshops and volunteering. There are opportunities to engage in peer support groups and deliver own workshops.
- Level 4** This level provides opportunities to create social change within the community. Level 4 Ambassadors will co-create resources, deliver workshops and be able to engage in campaigning opportunities such as podcasting, speaking at events and fundraising. Ambassadors will be supported to pursue their own community development projects to inspire women and girls in their communities to achieve their goals and ambitions too!

IMPACT STORIES

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How we have created positive change in the lives of vulnerable and disadvantaged girls and women



Charlotte

University Student, UK

When **Charlotte** joined the charity, she described herself as being at her 'lowest point', struggling with anxiety and leaving the house. Her life had largely centred around caring for others: going through motherhood at a young age, and becoming a carer for a loved one.

After being paired with a mentor, Charlotte's life changed. In Charlotte's own words: "[My mentor] was there at the beginning to build me up...the confidence that she gave me... it gives me the ability to keep moving forward."

Since connecting with her first mentor, Charlotte continues to move forward exceptionally in pursuit of her goals. She is currently at university and finished her second year with an outstanding average of 74%



Noven

Business Development
Executive, Kenya

When single-mother from Kenya, **Noven** was referred to us through a partner charity, her mental health was suffering as had yet to experience positive, healthy relationships or a peaceful family life. Noven felt she was lacking basic personal and emotional skills and confidence to progress both personally and professionally.

Since becoming a member of the Inspiring Futures Academy, Noven has secured a job, allowing her to provide for her daughter. Our programme have provided her with the confidence to successfully managed employees. Furthermore, her home life has improved as her ability to navigate relationships has improved through our workshops.

In her own words, Noven says "Some time back, my life was full of regression and stress...all my questions had no answers until the Inspiring Leadership Trust came into my life"



Sarah

Business Entrepreneur, UK

After being forced to leave her job through no fault of her own, **Sarah** was left unemployed and struggling financially as a single-mother.

Referred by the Unemployment Centre, Sarah was passionate about setting up her own business to provide much-needed mental health training programmes in the education sector. We provided Sarah with the mentorship and direction she needed to successfully establish her business.

After her positive experience with us, Sarah referred her own daughter, Grace. Grace is passionate about art, has also been matched to a New York City based digital artist and they have been working together to help her achieve her aspirations.



FACEBOOK

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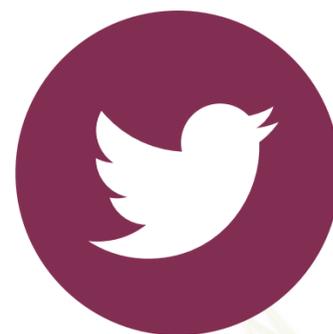
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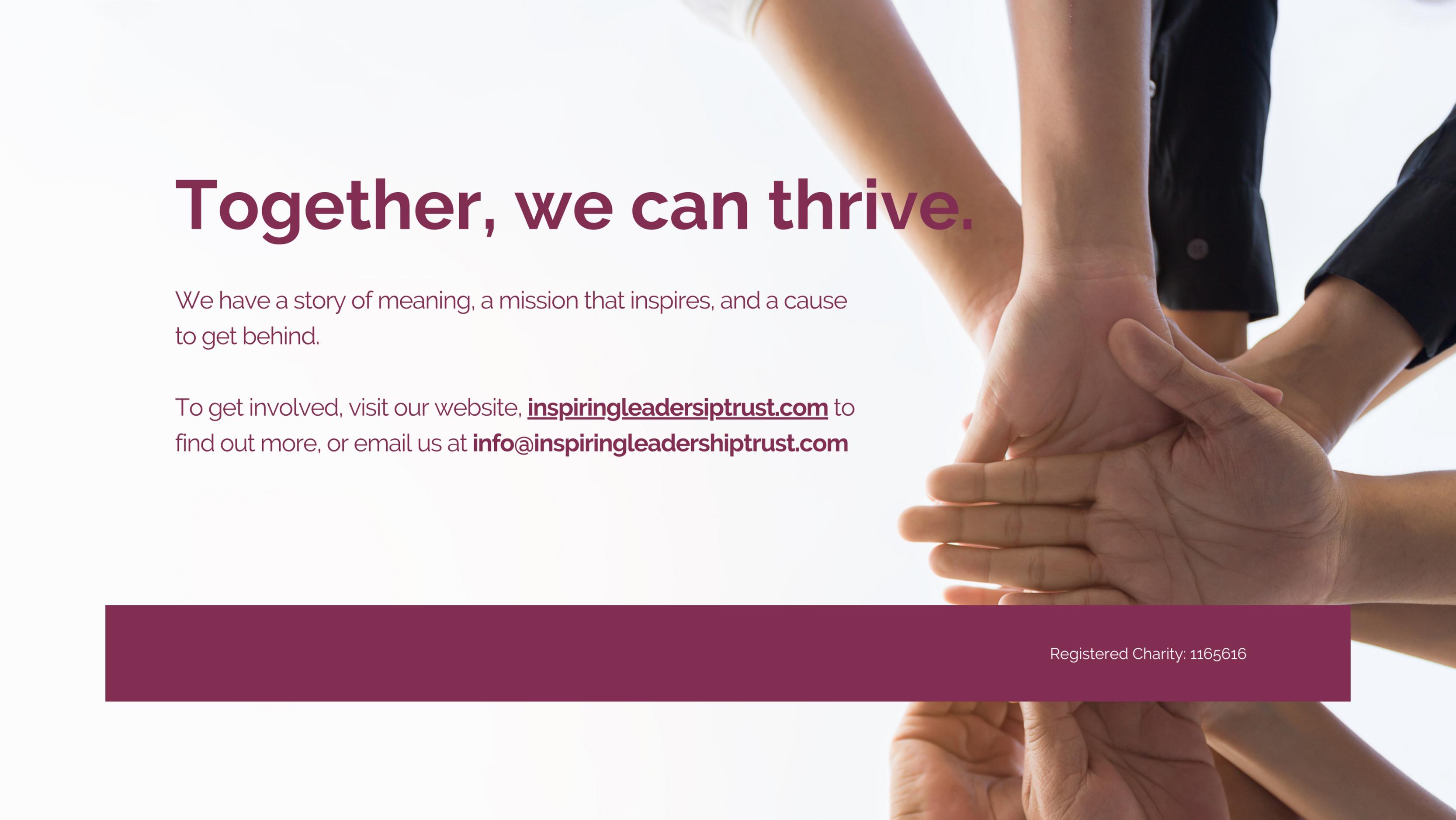
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Together, we can thrive.

We have a story of meaning, a mission that inspires, and a cause to get behind.

To get involved, visit our website, inspiringleadershiptrust.com to find out more, or email us at info@inspiringleadershiptrust.com

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